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It is my belief that many people who have a Lyme or Lyme-Like infection are also troubled by symptoms from the immune system trying to fight “Yeast” or Candida Albicans.

Read the Lyme treatment protocol for more information, however, basically Yeast will cause many of the symptoms of Lyme disease and others, too.

That means that even if the person has less Lyme in them, the yeast may be causing much/many of the symptoms of the illness. So, in many individuals, the only way to feel better is by keeping the yeast at a lower level, so as the Lyme improves you are able to notice the reduction in symptoms.

If the yeast is too great, you will not feel better. Some people with “Lyme” disease will feel great, if the yeast is at bay. More often than not, unexpected worsening is due to yeast. It can be hard to manage the dietary changes needed to keep it at bay. However, it usually pays off for the motivated patient.